

RELATIONSHIP SATISFACTION QUESTIONNAIRE

Please indicate on a scale of 0 to 10, with 10 being most satisfied and 0 being least satisfied, the number that most closely approximates your present feelings about your marriage or your spouse.

I AM:

1. Pleased with the amount we talk to each other.
2. Happy with the friends we share in common.
3. Satisfied with our sex life.
4. In agreement with the amount of time you or we spend at work and at home.
5. In agreement with the way we spend money.
6. Pleased with the kind of parent you are. (If you have no children, are you pleased with your mutual plans for having, or not having, children?)
7. Of the opinion that you are "on my team."
8. Pleased with our leisure time together (e.g., sports, vacations, outings, etc.)
9. Basically in agreement with your outlook on life (e.g., values, attitudes, religious beliefs, politics, etc.).
10. Generally pleased with the way you relate to members of your own family (parents, siblings, etc.).
11. Satisfied with the way you relate to members of my family (e.g., my parents, siblings, etc.).
12. Pleased with your general habits, mannerisms, and overall appearance.

Add up your total score.

84 and more means that you have a very high level of satisfaction in your relationship.

Between 72-83 reflects that you have satisfactory to good feelings and interactions.

Below 60 indicates that you have a poor level of relationship satisfaction.